



HEALTH CHECK FOR FREE



6
WEEKS
FREE*

JOIN OUR COMMUNITY GYM

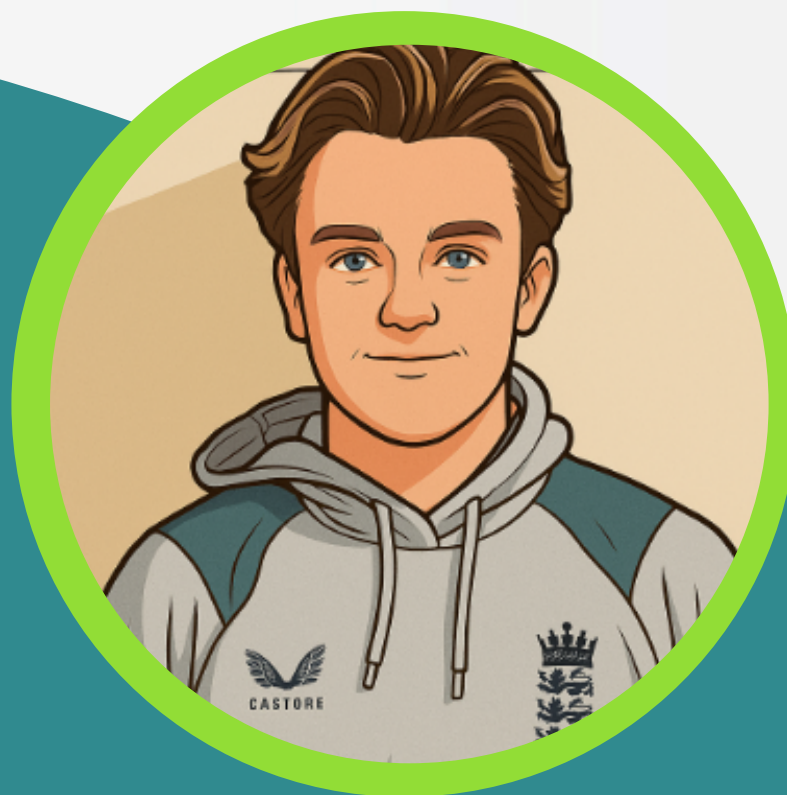



Commonwealth in Commonhealth
Physical Fitness and Mental Wellness Centre



Do you need help with:

- Improving fitness
- Improving your mental health
- Building confidence after illness or a fall



CALL SAM 
07926731792



Commonwealth in Commonhealth Centre
Old Swimming Baths, Tamworth Castle Grounds
River Drive, Tamworth B79 7ND

Contact Us 0808 175 4041

GYM@communitytogethmercic.org

